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Follow-Up After Emergency Department Visit for Mental Illness (FUM)

2024 Performance Year

Commercial, Medicaid, Medicare

Measure Description

The percentage of ED visits for patients ages 6 years and older with a principal diagnosis of mental illness or intentional self-harm, who then had a follow-up visit for mental illness with any practitioner type.

Two rates are reported:

- The percentage of ED visits for which the member received follow-up for mental illness within the 7 days after the visit (8 days total)
- The percentage of ED visits for which the member received follow-up for mental illness within the 30 days after the visit (31 days total)

Required Exclusions

• ED visits followed by admission to an inpatient care setting on the date of the ED visit or within the 30 days after the ED visit (31 total days), regardless of the principal diagnosis for the admission

Follow-Up Care and Types of Visits that satisfy the numerator

ED follow-up care can include any of the following on the day of discharge through seven days and/or 30 days post-discharge.

Note: a principle diagnosis of a mental health disorder **or** a diagnosis of intentional self-harm <u>and</u> a diagnosis of a mental health disorder is required.

- Behavioral Health Outpatient Visit With Any Practitioner Type
- Intensive Outpatient or Partial Hospitalization With Any Practitioner Type
- Observation Visit With Any Practitioner Type
- Outpatient Visit With Any Practitioner Type and With Appropriate Place of Service Code
- Intensive Outpatient Visit or Partial Hospitalization With Any Practitioner Type and With Appropriate Place of Service Code
- Community Mental Health Center Visit With Any Provider Type and With Appropriate Place of Service Code
- Electroconvulsive Therapy With Any Practitioner Type and With Appropriate Place of Service Code
- Telehealth Visit With Any Practitioner Type and the Appropriate Place of Service Code
- Telephone Visit With Any Practitioner Type
- E-Visit or Virtual Check-In With Any Practitioner Type

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Measure Tips

- When notified of a patient's discharge, proactively reach out to set up a follow-up appointment within the first few days of discharge.
- Bill appropriately and promptly to capture rendered care
- If a patient cannot be seen within the first 7 days, ensure they have an appointment within the first 30 days of discharge
- Keep 1-2 open office appointments open to meet patient needs.
- Educate your patients on the importance of follow-up appointments.
- For children and adolescents, engage parents and/or caregivers in the treatment plan.
- Reassure your member that they are not alone and mental illness affects a large portion of the population
- Identify any barriers to follow up care, ie. transportation
- Encourage the use of a telehealth appointment when appropriate

Resources

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